

# MINDSONAR ME

*International MindSonar Community Newsletter*



## WORDS FROM JAAP

***Hi Everybody!***

***How do we best respond to the horrible deeds of some present day tyrants? Fighting them might be an option for some of us. But what if that's too dangerous or it makes us too much like them?***

***The fact that we experience a deed as evil, tells us that a highly important value is being violated. Ask yourself: what is that value? And how do I know it's important? You will arrive at a belief. My suggestion: express that belief in any way you can think of.***

***Jaap Hollander - MindSonar Founder***



## MINDSONAR NEWS HIGHLIGHTS

**Webinar - September 24th**, Ian Clarke presents a [webinar](#) on 'Elite' measuring mindsets with MindSonar. 10:00-11:00 hrs GMT.

**MindSonar Distributors** - met after the summer break and discussed global positioning. We need you as Certified MindSonar professionals to help with our brand and position in the business world.

**MindSonar Certification** - Continues to be delivered largely online to reach further. If you want to refresh your skills, speak to your Distributor now!

**New Feature: Benchmark Graph** - MindSonar Global is working on a new feature, where you can make a benchmark graph. You will be able to define a benchmark profile, assign weights to different scores and print the result (colors indicate the weight). Expected to be finished in September.



## MINDSONAR PROJECTS SHOWCASE

### Training child care auditors with MindSonar

In the Netherlands, a specific set of quality criteria is used to evaluate child care organizations, like day care centres for instance. These criteria are being audited once a year by independent institutions. So MindSonar was used to find the programs of a good auditor

Two questions needed to be answered, what are the Meta Programs of a good auditor? And secondly, how do these relate to those of a good child care worker? They asked several organizations to tell them who their best Internal auditors were. They profiled these auditors, constructing an ideal MindSonar profile for an internal auditor.....[read more](#)

## MINDSONAR PROFESSIONALS GLOBALLY



### MEET MARÍA LAURA ROMÁN

Uses Mindsonar in her regular work practice as a Psychologist and Coach. She became involved with Mindsonar after being taught and mentored by Carlos Arguello.

Ma. Laura has worked for several years giving guidance and support to families, children, young people and anybody related to the educational and therapeutic field. She has spent considerable time working with educational communities as a therapist and a coach.

She loves life coaching, besides coaching in parenthood and professional career election. Self-knowledge is the key to success in life. Her mission is to help people in their own personal journey through life in order to be whole human beings.

Say hello to [Ma. Laura](#)



## RECOGNIZING MINDSET

**Man in box of ice breaks world record**

**Graves Drives:** winning, results, achievement, learning and development

**Metaprogram:** Internal, Towards, Present, Internal locus of control.

**'Every once in a while you need to challenge yourself and learn new things'**

### Article

## MAKE STRESS MANAGEMENT PERSONAL WITH MINDSONAR

By Anne Finemore

Whatever area of coaching you work in, at some point you will probably do some work to enable your clients to discover ways both to manage their current stress level and to become more resilient to stress in the future. MindSonar can help us do this in a truly client-centred way, by identifying the meta programmes operating when a client experiences stress, and so enabling change work to be focused on those which might be fuelling their stress response.

As always when considering a person's thinking patterns, there are no intrinsically good or bad meta programmes – it depends upon the context and the way in which the meta programme is impacting upon on the way the individual feels and behaves.

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